



For the most...FUN

**Ski | Snowboard | Snowshoe
Snow Tube | Toboggan**



2011-2012 School Group Programs & Rates

Providing exceptional winter experiences to Lower Mainland schools for over 40 years!

Why Mt Seymour is the best choice for your students!

- New Goldie Magic Carpet Lift making learning easier and safer!
- 2 hour lessons including a fully supervised option
- Best terrain for beginners
- Professional instructors and guides
- Curriculum-linked snowshoe programs
- 20 minutes from the Ironworkers Bridge (Highway 1)



Safety, fun and learning are our top priorities.

We provide a valuable, quality experience for you and your students!

Register Today!

Website: www.mountseymour.com/groups-schools

Phone: 604-986-2261

Fax: 604-986-2267

Ski and snowboard programs: Ext. 214 | schools@mountseymour.com

Snowshoe programs: Ext. 215 | outdooredsales@mountseymour.com

Tubing or tobogganing: Ext. 210 | snowplaysales@mountseymour.com

Mt Seymour Resorts Ltd.
1700 Mount Seymour Rd.
North Vancouver, BC
V7G 1L3



Welcome to Excellent Service!

For over 40 years Mt Seymour has provided the best learning environment for students. Your students will achieve success in the positive, encouraging, and safe environment created by our certified instructors and experienced guides. We create successful learning outcomes for students of all ages and abilities. Welcome to our alpine school!

Snowshoe Programs

Our Outdoor Education Department has provided the best learning environment for students for more than 30 years. Our team of knowledgeable snowshoe guides create a positive and educational snowshoeing experience, while providing strong links to the BC Curriculum.

With 10 programs to choose from, there's a theme that suits your curriculum needs!

Snowshoe Program Options

Book two snowshoe programs together for a full day option and save \$10 per student! Must be the same classes attending both programs.

Winter Discovery (2 hours, Gr 1+)

A great introduction to winter ecology. Have you ever wondered how trees and animals survive under a blanket of snow? Discover the amazing adaptations that allow them to do so while learning the basics of winter safety.

Curriculum Links: Science K-6 | Health & Career K-7 | English Language Arts K-7

Nature Games (2 hours, Gr K-5 or anyone who is a kid at heart!)

Be prepared for fun! Play nature-focused games on snowshoes while learning some of the incredible characteristics of a winter ecosystem. Curriculum Links: Science K-6 | Health & Career 4-9 | P.E. 4-12 | English Language Arts K-7

Navigate Nature (2 hours, Gr 5+)

Learn how to navigate successfully through nature. A great introduction to compass use and taking/following bearings and other route-finding techniques. No experience required - just a sense of adventure!

Curriculum Links: Health & Career 4-9 | P.E. 4-12 | English Language Arts K-7

Winter Workout (2 hours, Gr 5+)

Combine fitness and fun as students enjoy a scenic snowshoe hike while getting a great winter workout. Snowshoeing is an aerobic activity combining strength training, muscle endurance, and cardiovascular conditioning. Let us be your winter coach! Curriculum Links: P.E. 4-12

Spirit of Sport (2 hours, Gr 5+)

Experience the exhilaration of team games on snowshoes! Students will engage in friendly competition against each other while building team spirit, burning energy, and having tons of fun. Capture the Flag on snowshoes is a popular favourite. Curriculum Links: P.E. 4-12

Mountain Mystery & History (2 hours, Gr 5+)

Go back in time and unlock the mysteries of the mountain. Through stories and props, students will learn about the secret cabins in the forest and other fascinating facts on this intriguing inquiry into the history of the people and the land of Mt Seymour.

Curriculum Links: P.E. 5-12 | Health & Career 4-12 | Social Studies 4-6 | BC First Nations Studies 12

Amazing Snowshoe Race (2 hours, Gr 7+)

This interactive teambuilding program leads groups through a fun and fast-paced scavenger hunt and fact-finding mission... on snowshoes! Test your group's wit and sense of team while solving a series of mental challenges and mind-bending riddles. Curriculum Links: Science 7-11 | P.E. 6-12 | Health & Career 5-12 | Social Studies 4-6 | Applied Skills 11 | English Language Arts K-7

Winter Survival Challenge (3 hours, Gr 7+)

Learn essential winter safety and survival skills in this hands-on program. Working in teams, problem-solve your way

through a survival scenario using only the equipment provided in your survival pack. Your group may try their hands at shelter-building, orienteering, melting snow, and other skill-testing activities. Be prepared to spend plenty of time digging and playing in the snow! Curriculum Links: P.E. 6-12 | Health & Career 4-12

NEW! Sustainability on SNOW (5 hours, Gr 7+)

Through activities and observations, students will identify the characteristics of systems found in the mountain environment through the lens of unique creatures like snow fleas. Observations of snow pack levels and exploration into ecological footprints and carrying capacities and will help participants become equipped to apply their knowledge to human systems. Curriculum Links: Science 7-12 | P.E. 6-12 | Health & Career 5-12

Snowshoe Tots (90 minutes, Pre-school to K)

A perfect introduction to the wonders of winter and the sport of snowshoeing for preschoolers. Children will explore the winter environment through educational games, a nature scavenger hunt, and time to frolic in the snow! Kid-sized snowshoes are provided for a positive first experience. Curriculum Links: Health & Career K | P.E. K | Science K

Snowshoe Rates (all rates include 12% HST):

- Offered Monday through Friday, except holidays
- Rates include guide, trail pass, snowshoe rental, pre-trip information and hot apple cider
- Minimum 10 participating students to qualify for rates and complimentary supervisor(s)
- 1 complimentary supervisor for every 10 participating students
- Max 2 adults to every 10 students
- Custom programs welcome; add 10% to prices for customization

Duration	Times Offered	Rates
90 Minute Programs	9:30 12:30	\$14.25
2 Hour Programs	9:30 12:30	\$18.50
3 Hour Programs	9:30 12:30	\$23.50
4-5 Hour Program	9:30	\$27.00

Ski and Snowboard School

Where the Lower Mainland learns to ski and snowboard! Each season Mt Seymour safely introduces thousands of kids to the fun and excitement of sliding on snow. Your students will benefit from our professionally certified instructors, ideal teaching terrain and the fastest, easiest rental experience around.

Lessons: Our new Goldie Magic Carpet lift makes learning easier and safer than ever! Choose from either a 2 hour lesson or all day supervision. All day supervision gives your students up to 4 hours with a certified instructor, ensuring skill progression while under careful supervision.

Rentals: Our safe, modern equipment and efficient rental system means you and your students will be geared up and out on the slopes in no time - often in 30 minutes or less! Rentals and area passes are valid all day long. Helmets are included in the rental costs and will be provided to all students who need one.

Lesson Plan Schedule and Rates
(all rates include 12% HST)

All rates include 12% HST	1 Day	4 Day
2 hr Lesson and Lift	\$39	\$135
2 hr Lesson, Lift, Rental	\$56	\$200
All Day Lesson, Lift	\$55	\$180
All Day Lesson, Lift, Rental	\$72	\$245

Available Lesson Start Times
(Monday to Friday, except holidays)
10:00 am, mid-day (after 12:30), 4:30 pm

- Rates are for school children, grades 1-12, studying the BC curriculum
- Students booked in 4 day programs receive a complimentary single day lift ticket for use anytime during the 2011-2012 season!
- Minimum 8 students per sport to register. Prices are for one sport only; there is a \$50 charge to change sports
- One free supervisor for every 8 students participating. Additional supervisors can purchase area passes for \$23 plus tax
- We can only guarantee a full lesson if you arrive on time and have booked your lesson in accordance with the above schedule
- All Day option includes up to 4 hours of instruction
- Please let us know if you have special needs students. We are happy to accommodate them

Tubing and Tobogganing

Everyone loves Tubing and Tobogganing! Combine with a snowshoe program and save \$1 per student! Minimum 20 students to make a booking; one free supervisor for every 10 students participating.

Tube Park: Our tubing area is equipped with a handle tow and we provide durable, nylon covered tubes for a smooth, controlled ride. Must be at least 48 inches (122 cm) tall to tube.

- \$10 (includes HST) per student for 2 hours
- Available Monday to Friday, except holidays

Tobogganing:

- \$7 (includes HST) per student for 2 hours or \$8 including carpet rental
- Available Monday to Friday, except holidays
- Students are encouraged to bring their own toboggan. Sliding carpets available for purchase: \$7 small | \$9 large

Extras - Make the most out of your Mt Seymour experience

Lunch Options: Ask us about hearty and affordable lunch options. We will gladly send you our menu and can include lunch in the per student activity cost.

Facility Rentals: Classroom space available. Maximize your learning experience with an outside activity followed by the use of our indoor classroom.

Spring/Autumn/Summer Programs: Want to visit when it's warmer? Ask us about our great summer and fall programs! Our Outdoor Education Department offers year round educational programs and an Eco-Adventure Summer Camp.

The Goods and Goodies

At Mt Seymour we know the challenges and energy it takes to organize a group of students. Be sure to contact us for assistance with booking your group. Below is a list of incentives that provide value-added reasons to choose Mt Seymour.

- **Supervisor Complimentary Access**

One free supervisor for every 8 participating students in a ski or snowboard lesson program, or one for every 10 participating students in a snowshoe or snowplay program.

- **Free VIP 11-12 Ski and Snowboard Season Passes**

Book 100 students in a single day program, or 30 in a 4 day program, and we'll give your school a complimentary VIP Season Pass valued at \$899! A great reward for teachers, supervisors or parents to share. VIP pass is a transferable season pass. Interested in getting two? Submit all completed forms and a 25% deposit at least 4 weeks in advance of first lesson date and receive a second VIP pass.

- **11-12 Snowshoe Booking Bonus**

Book 75 students in a snowshoe program and your school will receive an Activity Sampler Package! Includes 2 tubing tickets, snowshoe rentals and trail passes for 2, and 2 lift tickets for skiing or snowboarding.

- **Orientations**

Ask us how we can assist your class in preparing to visit Mt Seymour.

- **Cancellation Policy**

All program bookings require a \$100 deposit. Deposit is non-refundable if a program is cancelled with less than 7 days notice.